

HEALTH RELATED STUDIES (HLTH)

HLTH 3012. Alternative/Complementary Appr (3)

This course will provide the participants with an in-depth understanding of the practice, theories, and interventions used in various alternative healthcare therapies. Some of the topics that will be discussed will be the use of herbal therapies, nutritional therapies, aromatherapy, massage and bodywork therapy, acupuncture, chiropractic and spinal manipulation, spiritual, mind body therapies, and homeopathy. The participants will be able to make an informed decision when deciding to use an alternative form of health care.

HLTH 3110. Interactive Communication (3)

Focuses on communication theory and skills which have application to health care situations and the workplace. Students practice increasing their interpersonal effectiveness and group process skills. Content includes problem solving, conflict resolution, power strategies, burnout, group dynamics, assertive skills and communication within organizational structures.

HLTH 3200. Pathophysiology for RNs (3)

This course is designed to introduce the RN Completion student to pathophysiologic concepts related to altered biological processes affecting individuals across the lifespan. The first part of the course emphasizes the basic concepts of pathophysiology: Cellular level of response, fluid and electrolytes, acid-base balance, and the immune response. The second part of the course focuses on the application of the basic concepts to body systems and disease processes. The course builds on previous principles from anatomy, physiology, and chemistry.

Restrictions: Pre-BSN-RN Completion

HLTH 3201. Pathophysiology (3)

This course is designed to introduce the student to pathophysiologic concepts related to altered biological processes affecting individuals across the lifespan. The first part of the course emphasizes the basic concepts of pathophysiology: cellular level of response, fluid and electrolytes, acid-base balance, and immune response. The second part of the course focuses on the application of the basic concepts to body systems and disease processes. The course builds on previous principles from anatomy, physiology, and chemistry.

Prerequisites: (CHEM 1151 and CHEM 1151L) or (CHEM 1211 and CHEM 1211L) and (BIOL 1151 and BIOL 1151L and BIOL 1152 and BIOL 1152L) or (BIOL 2251 and BIOL 2251L and BIOL 2252 and BIOL 2252L)

HLTH 3320. Communications with Families (3)

This course focuses on developing skills for interacting with families in human service systems such as health care settings, schools, and private nonprofit organizations. The course is designed to introduce students to interdisciplinary assessment and intervention with children, parents, and family members across the life span. Emphasis will be placed on communicating with culturally diverse populations, dysfunctional families, and those experiencing stressful events.

HLTH 3341. Cultural Diversity Health/III (3)

Introduces cross-cultural health assessment and interventions, which increase the cultural sensitivity of health care providers. The diversity of health/illness belief systems and behaviors cross-culturally is presented as well as biological variations and patterns of adaptation to specific environments. Several international health system models are analyzed. Cultural diversity within the United States is emphasized.

HLTH 3401. Contemporary Women's Health (3)

The promotion and maintenance of women's health is stressed. Historical influences as well as social, political, religious and cultural factors which impact the contemporary women's health are included. Gynecologic health needs and sexuality from menarche to menopause are discussed. Discussion of women's roles in complex societies. Individuals become more aware of self and the needs of women as consumers and providers in the health care delivery system.

HLTH 3420. Health Education (3)

Focuses on the concept of health education in meeting the learning needs of health care providers and health care consumers within various settings. Emphasis will be placed on the process of program development and implementation in the role of the professional nurse. Principles of teaching/learning and instructional strategies will be explored and compared. Technique for preparations and evaluation of instructional materials includes those needed for both print and non-print materials such as slides, transparencies, computer software and other educational materials. Opportunities to practice teaching strategies also will be provided.

HLTH 3501. The AIDS Epidemic (3)

This survey course is designed to provide an overview of the AIDS epidemic, including changes in the patterns of occurrence, signs and symptoms, classification of disease, recognition of the course of the disease, and strategies for prevention.

HLTH 4000. Death,Dying&BereavementPerspec (3)

Death, dying and bereavement are fundamental and pervasive aspects of the human experience. Individuals and societies can only achieve fullness of living by understanding and appreciating these realities. The absence of such understanding and appreciation may result in unnecessary suffering, loss of dignity, alienation, and diminished quality of living. Death, dying and bereavement are essential components of the educational process at all levels, both formal and informal, DeSpelder & Strickland (2011). Information sharing, value clarification, and coping behaviors are emphasized.

HLTH 4153. Gerontology (3)

Presents a holistic approach to the study of the elderly and their environments. A positive perspective about the aging process is a goal of the course. Research and theory components from a variety of disciplines are included to promote caring for the elderly in a variety of settings, primarily community-based. Client advocacy for the elderly is stressed.

HLTH 4200. IPE - Healthcare Professionals (3)

The purpose of this course is to introduce students to the concept of interprofessional collaboration among healthcare workers. This course is designed to provide students in healthcare related programs with knowledge of interprofessional education concepts regarding effective communication, team building skills, and collaboration of different disciplines to care for patients with complex needs. All interprofessional education competencies will be explored. Collaborative clinical experiences will also provide the opportunity to increase knowledge and understanding of each professions contribution to healthcare.

HLTH 4330. Nutrition (3)

This course introduces the student to the fundamental concepts of nutrition, the nutrients, and how the body uses the nutrients. This course includes a study of the impact of nutritional choices on various populations and age groups of individuals and an individualized dietary analysis.

HLTH 4900. Special Topics for Nursing (3)

This course focuses on the exploration of various health care topics and issues in the field of nursing. It may be repeated for credit when topic varies. In order to be on the cutting edge of nursing, many innovative and creative topics will be offered to students to expand their nursing knowledge in various arenas.